

YOUNGSTOWN STATE UNIVERSITY



Bitonte College
of Health &
Human Services

ACTIVE AGING

Wellness Events

Classes at

YSU Beeghly Center

Room 119, Parking P81 lot
Mondays and Wednesdays

May 11th-August 12th, 2026

Parkinson's and Fall Prevention Exercise Class
10:30am-12pm

Classes at

First Presbyterian Church

201 Wick Ave. Youngstown, OH 44503

Tuesdays and Thursdays

May 12th- August 13th, 2026

Parkinson's Fall Prevention Exercise Class
2:00pm-3:30pm

To register please contact:

ActiveAging@ysu.edu

330.946.3201

