

BarrowFit



forever fit forever strong

BarrowFit

*We are a private gym, with a community-based approach to help those with Parkinson's who want to restore control and independence through evidence-based exercise programs from Rock Steady Boxing and Delay the Disease. Classes are M-F.

*One on One personal training also available



**ROCK STEADY
BOXING
BARROWFIT**



330-495-3609



4911 Whipple Ave NW

Canton, Ohio 44718



www.barrowfit.com