

# Take Advantage of All of Your Resources





SSC Programming

Community Supportive Living ServicesT

The Senior Sentinel Newsletter

Program Registration Forms

Senior Center Calendar

**COVID-19 Senior Resources** 

Virtual & In-Person Programming

**Staff Directory** 





#### **Active Adults & Senior Services**

The Department of Senior Services strives to enrich, assist and engage the lives of older adults in order to maintain and enhance their dignity and strength, both as individuals and groups, and to provide services that foster independence for adults 60 years of age and over or who have physical limitations that affect movement. In order to accomplish this mission, the Department provides a wide array of programs and supportive services.

## Become a member of the SSC and register for activities online!

#### **Contact Us**

#### **Department of Senior Services**

The Solon Senior Center 35000 Portz Parkway Solon, OH 44139

Phone: 440-349-6363 TTY/TDD: 440-248-1176

#### **Hours of Operation**

Monday - Friday 8:00 am - 4:30 pm Evenings & Weekends As scheduled

#### Jill Frankel

**Director of Senior Services** 



## HEALTH AND HUMAN SERVICES CUYAHOGA COUNTY, Onio





### **Contact Us**

HHS Administrative Offices
Jane Edna Hunter Building
3955 Euclid Avenue
Cleveland, OH 44115
216-881-5554 (phone)
216-263-4684 (fax)

## **SOCIAL MEDIA**

Facebook
Twitter
YouTube
Newsletter
Instagram

Division of Senior and Adult Services 13815 Kinsman Road Cleveland, OH 44120



# Advocacy. Assistance. Answers on Aging and Disabilities.

Serving older adults and individuals with disabilities in Cuyahoga, Geauga, Lake, Lorain and Medina counties.

1700 East 13th Street, Suite 114 Cleveland, OH 44114

800-626-7277

## Follow Us













Serving 5 counties and covering 1.5 million people in Ohio, the United Way 2-1-1 Help Center provides free and confidential 24-hour access to a compassionate professional who will review your options for help, develop a plan and act as your advocate if you are faced with barriers to service. Simply dial 2-1-1 or chat with us for assistance. Se habla Espanol.

#### CONTACT

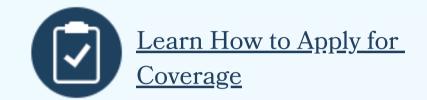
#### **Chat With Us**

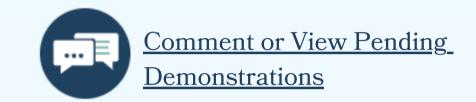
Chat is available 24 hours a day, 7 days a week



## Renew your Medicaid or CHIP coverage









The Center for Medicaid and CHIP Services (CMCS) is one of six Centers within the <u>Centers for Medicare & Medicaid Services (CMS)</u>, an agency of the <u>U.S. Department of Health and Human Services (HHS)</u>.

CMCS serves as the focal point for all the national program policies and operations for three important, state-based health coverage programs:

- Medicaid provides health coverage to low-income people and is one of the largest payers for health care in the United States.
- The <u>Children's Health Insurance Program (CHIP)</u> provides federal matching funds to states to provide health coverage to children in families with incomes too high to qualify for Medicaid, but who can't afford private coverage.
- The <u>Basic Health Program (BHP)</u> allows states an option to provide affordable coverage and better continuity of care for people whose income fluctuates above and below Medicaid and CHIP eligibility levels.

Together, these three programs provide an important foundation for maintaining the health of our nation.







## FOLLOW US ON











## Securing your today and tomorrow



Check eligibility for benefits

Plan for retirement



Apply for benefits

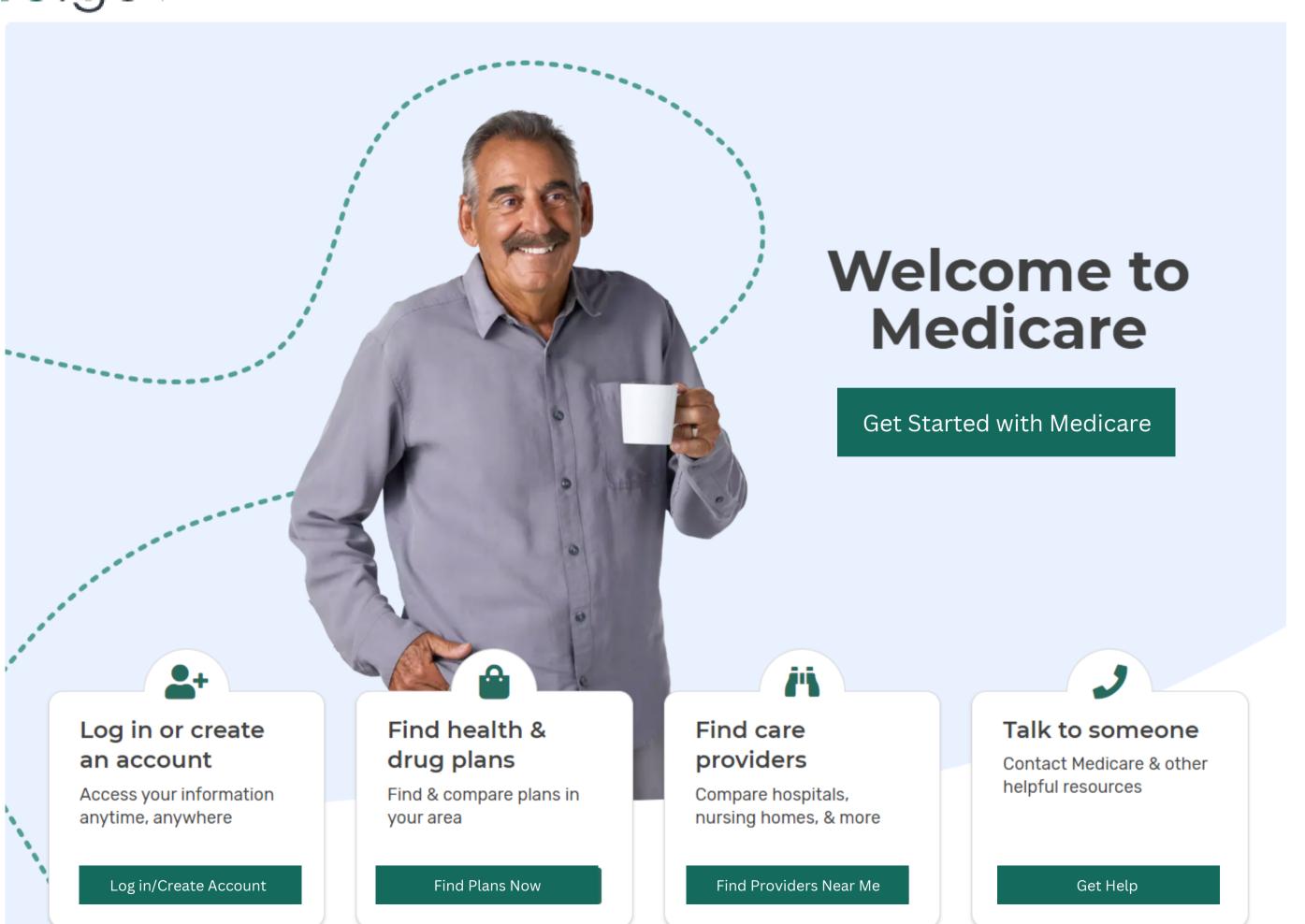
Sign up for Medicare

## After you apply

Check application or appeal status

Appeal a decision we made

## Medicare.gov











**Department** of Insurance

WHAT IS ODI? **ABOUT US** 

**INSURANCE & MEDICARE CONSUMERS** 

**AGENTS & AGENCIES**  **SERVICES FOR COMPANIES** 



50 W Town Street Suite 300, Columbus Ohio 43215 614-644-2658 Consumers 800-686-1526 Medicare & OSHIIP 800-686-1578 Fraud & Enforcement 800-686-1527













**Legal Forms** 

Legal Toolkits

**Fact Sheets** 

Medicare/Medicaid

Hotline Directory for Seniors

**Stop \$ Exploitation** 

**Pension Rights Project** 

Miscellaneous

Advice, Representation, and Justice for Ohio Seniors

**Our Services** 

We help Ohio seniors resolve legal & long-term care problems & fight Medicare fraud.

#### **Pro Seniors**

7162 READING ROAD, SUITE 1150 CINCINNATI, OH 45237 (513) 345-4160 OR 1-800-488-6070 FAX: (513) 345-4163

#### Hours

8:30 A.M.-4:30 P.M.



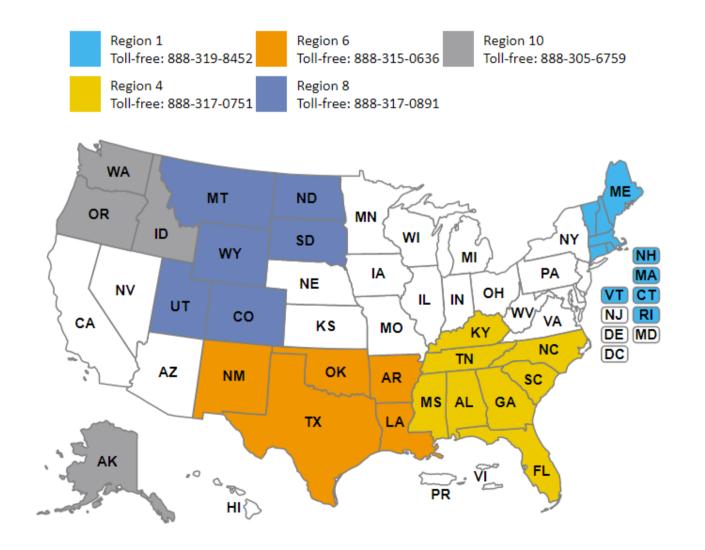








Kepro is the Beneficiary and Family Centered Care Quality Improvement Organization (BFCC-QIO) for the 29 states highlighted in the map below. As a BFCC-QIO, Kepro helps people who are on Medicare - and their families and caregivers - to file quality of care complaints and hospital discharge and skilled service termination appeals. We also offer Immediate Advocacy services to quickly resolve medical concerns.



Information for People Who Have Medicare and Their Families

Information for Healthcare Providers

Information for Our Partners and Stakeholders







Do you require immediate assistance? Contact us today! 1.800.365.3112

## "We advocate for your rights"

<u>Services</u> <u>Resources</u> <u>Volunteers</u> <u>Donations</u> <u>Your Care</u> <u>Complaints</u> <u>Advocacy</u> <u>Questions</u> <u>Contact</u>

## [Om•buds•man]

Swedish word meaning one that receives, advocates, investigates, reports on and helps settle complaints.

Long Term Care Ombudsman (LTCO) supports people who use Long-Term care services. Our certified staff and volunteers provide information for consumers to help them identify, select, and connect with appropriate Long-Term services. We investigate concerns and complaints related to Long-Term care services and advocate for better Long-Term care systems and a higher quality of care and life for consumers. All of our services are free.







Please click on the link to make a contribution to our vision for LTCO.

DONATIONS

Discover the benefits of becoming a LTCO Volunter by clicking the link.

**VOLUNTEERS** 



? Help

Find Services in Your Area



Nursing Home Task Force



The Ohio Department of Aging fosters sound public policy, research, and initiatives that benefit older Ohioans.



















## Worry Less and Age Better with BenefitsCheckUp

BenefitsCheckUp® connects millions of older adults and people with disabilities with benefits programs that can help pay for health care, medicine, food, utilities, and more. See what's available in your area by entering your ZIP code below.

**Browse benefits today** 















## ? Contact

#### Individual

The Department of Development is committed to helping Ohioans improve their lives. Through programs such as HWAP, HEAP, and PIPP, Ohioans can access assistance and improve their energy efficiency. We also administer programs to assist Ohio's entrepreneurial and small and minority business community. Resources include Small Business Development Centers, the Minority Business Development Centers, and International Trade Assistance Centers, as well as the Small and Minority Business Financial Incentives Programs, the Ohio Business Lending Clearinghouse, and Insurance and Financial Development initiatives.

#### Featured in this section



## Employment Opportunities and Workforce Training

Discover job opportunities in Ohio and training programs to improve your skill set.



#### Energy Assistance

We can help you manage your utility bills and improve your home's energy efficiency.



#### Home Relief Grant

The program will help eligible Ohioans on rent, mortgage, and water and/or sewer utility bills catch up on past payments and provide assistance for current payments.



#### Housing and Rental Assistance

Resources for affordable housing, emergency assistance, fair housing and other public services for low-income Ohioans.



#### Starting a Business

View our reference guide to starting your business in Ohio.



## ? Contact

## Percentage of Income Payment Plan (PIPP)



For more information

To be directed to your local PIPP provider:

Call (800) 282-0880

For the hearing-impaired dial 711

Check status of your Energy Assistance Application

Additional Resources

**ENERGYSTAR** 

Home Energy Saver Calculator

Ohio Association of Community Action Agencies

Public Utilities Commission of Ohio



## Access and manage your VA benefits and health care



#### Health care

Refill and track your prescriptions Send a secure message to your health care team Schedule and manage health appointments View your lab and test results Apply now for VA health care



#### **Disability**

Check your claim or appeal status View your payment history Upload evidence to support your claim

File for a VA disability increase

File a claim for compensation



#### Education

View your payment history Change your current education benefits Compare GI Bill benefits by school Apply for education benefits



#### Records

Get Veteran ID cards

Get your VA medical records

Download your benefit letters

Change your address

Request your military records (DD214)



#### CLICK HERE TO REQUEST EMERGENCY FINANCIAL ASSISTANCE









**WELCOME** 

**ABOUT US** 

**MISSION STATEMENT** 

**VISION STATEMENT** 

**COMMISSIONERS** 

**MEET THE STAFF** 

**VETERANS CRISIS LINE** 

**VET CONNECT 2022** 

## REQUEST A SERVICE OFFICER

Have and upcoming event? Request a Service Officer to attend it and serve you.

**Request Form** 

#### **STAY CONNECTED**

Stay connected on all the most recent information, including calendars, news and events that the Veterans Service Commission offers.









Welcome to the Eldercare Locator, a public service of the U.S. Administration on Aging connecting you to services for older adults and their families. You can also reach us at 1-800-677-1116.

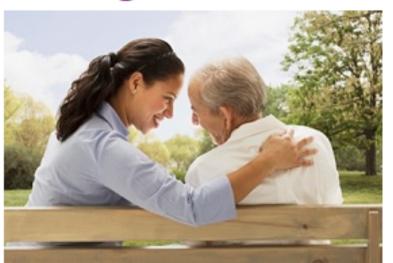
### **Have A Question?**

Speak with an Information Specialist

Monday - Friday 8am - 9pm ET New Hours

- Start an Online Chat
- Call us at 1-800-677-1116
- Email Us

### Caregiver Corner



Visit our Caregiver Corner for information and resources for caregivers.



### **About Us**

For over 25 years, Senior Impact has produced the Older Adults Resource Guide. Our mission in printing the guide has always been to provide seniors, their caregivers, and professionals comprehensive, up-to-date information that empowers a senior to make informed decisions about their healthcare. In addition to our unsurpassed directory listings, our guides also include numerous checklists and charts, definitions of terms, pertinent questions to ask, and a plethora of helpful tips. Our partnerships with various Agencies on Aging allow us access to the latest trends in senior care, and provide our guides a wonderful outlet for distribution, and the Agencies are the primary centers for information and referral services.



AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people to choose how they live as they age. With nearly 38 million members and offices in every state, the District of Columbia, Puerto Rico and the U.S. Virgin Islands, AARP works to strengthen communities and advocate for what matters most to families — with a focus on health security, financial stability and personal fulfillment. We also produce a range of digital and print media, including the nation's most-read magazine, AARP The Magazine. And we work for individuals in the marketplace by sparking new solutions and allowing carefully chosen products and services to carry the AARP name.

Advocating for people age 50-plus is at the heart of our mission. It's part of what we do every day from our national office in Washington, D.C., and from offices in all 50 states, Puerto Rico and the U.S. Virgin Islands. On health security, AARP fights to protect Medicare, expand access to health care, lower prescription drug prices, support caregivers and protect nursing home residents. On financial stability, we fight to protect Social Security, establish savings plans for workers and stop scams and fraud. We also work to combat age discrimination in the workplace and speak up for the vulnerable and underrepresented on issues like affordable housing and food security.

AARP is a nonprofit, nonpartisan organization that empowers people to choose how they live as they age.

**Contact Us** 







