



Care Partner U:

An Educational Symposium for Care Partners of Individuals with Parkinson's Disease

Friday, August 7, 2026

11am - 3pm

Embassy Suites Cleveland Rockside, Independence, Ohio

Presented by Cleveland Clinic, a Parkinson's Foundation Center of Excellence

TOPICS

**Communication
Strategies**

Planning for the Future

Resources

**Pointers from a
Physical Therapist**

**Caring for the
Care Partner**

Care Partner Panel

This educational event will allow care partners of individuals with Parkinson's disease to learn about resources available to them in the community and learn valuable steps they can take to care for themselves and where they can voice their concerns and have questions answered.

Together, individuals affected by Parkinson's disease, local organizations and medical professionals will work alongside each other to improve the quality of care and enhance the level of information available to care partners of individuals with Parkinson's disease.

There will be limited space available for individuals with PD for a fun day in a separate room from the Care Partner program.

SCAN THE QR CODE OR VISIT THE LINK TO REGISTER NOW!

bit.ly/CPU2026

For more information, email CNRCOE@ccf.org





Help Us Design This Year's EMPOWER U T-Shirt!

Choose one of the following taglines and design a logo to go with it:

Option 1: Empower. Overcome. Thrive.

Option 2: Unshaken Spirit, Unstoppable You

Option 3: Hope In Every Step

Option 4: Move with Power, Live with Purpose

Anyone with Parkinson's Disease can submit up to three (3) entries by email to CNRCOE@ccf.org with Entry in the subject line. Please include your first and last name, and a phone number in the email. Logos can be created on the computer or drawn by hand.

Deadline: August 15, 2026

The winning design (chosen by the EMPOWER U planning committee) will be featured on EMPOWER U 2026 t-shirts given away at the event. Winner will also receive recognition at EMPOWER U on September 19th.